

PERSONAL INFORMATION



Şehida RİZVANÇE MATSANI

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Sex Female | Date of birth 29. 06. 1978 | Nationality North Macedonia

WORK EXPERIENCE

February 2022 –

Assistant Professor

International Vision University, Faculty of Social Science, Psychology Department, Republic of North Macedonia

March 2019 – February 2022

Lecturer

International Vision University, Faculty of Social Science, Psychology Department, Republic of North Macedonia

December 2016 – December 2017

Philosophy and Logic Teacher

Municipality High School "Gostivar", Gostivar, Republic of North Macedonia

March 2014 - March 2015

Sociology Teacher

Municipality High School "Gostivar", Gostivar, Republic of North Macedonia

June 2006 - July 2012

Psychological Counselor

- Private Ankara Öncü College – Ankara, Republic of Turkey (2010- 2012)
- Defectology Center "Mucize Hayatlar", Ankara, Republic of Turkey (2009- 2010)
- Defectology Center "İlk Adım", Kirikkale, Republic of Turkey (2006- 2009)

EDUCATION AND TRAINING

September 2018 - January 2022

PhD in Social Science - doctor of science in clinical psychology

International Vision University, Faculty of Social Science, Gostivar, Republic of North Macedonia

PhD Thesis: Examining peer bullying, cyber bullying, cyber victimization and the sense of belonging to the family among high school students. **Supervisor:** Prof Dr Musa MUSAİ

September 2012 - November 2015

Master of Psychology

Ankara University, The Institute of Educational Sciences, Department of Psychological Counseling and Guidance, Ankara, Republic of Turkey.

Master Thesis: Comparison of the levels of self-esteem of secondary school students in Turkey and students of Turkish origin in Macedonia. **Supervisor:** Prof Dr Metin PİŞKİN

September 1999 – July 2004

Bachelor in Psychology

Hacettepe University, Faculty of Educational Sciences, Department of Psychological Counseling and

Guidance, Ankara, Republic of Turkey.

PERSONAL SKILLS

Mother tongue(s) Turkish

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2
Macedonian	C1	C1	C1	C1	C1

Communication skills

- Analytical skills that help to analyze a situation and coming forward with a logical solution.
- People skills helping in interacting with clients, higher authorities, peers and your subordinates.

Organisational / managerial skills

- Analytical skills that help to analyze a situation and coming forward with a logical solution.
- Decision making skills that enables to make tough decisions at the need of the hour.

Job-related skills

- Team skills that enables to adopt and function in diverse teams.

Computer skills

- Operating systems (Windows and MacOS)
- Office suites (Microsoft Office, G Suite)
- Presentation software (PowerPoint, Keynote)
- Spreadsheets (Excel, Google Spreadsheets, etc.)

Other skills

- Problem solving
- Relationship building and counselling
- Empathy

ADDITIONAL INFORMATION

Books and Lecture notes	<ul style="list-style-type: none"> • Matsani, R. Ş. Uygulamalı Psikoloji Ders Notları, Uluslararası Vizyon Üniversitesi, Ekim, 2025. • Matsani, R. Ş. İhtilafların Çözümünde Modern Yöntemler Ders Notları, Uluslararası Vizyon Üniversitesi, Ekim, 2025. • Matsani, R. Ş. Psikolojide Duygu ve Motivasyon: Kuramdan Uygulamaya, Print Factory DOOEL, Skopje, 2024. • Matsani, R. Ş. Çocuk ve Ergenlik Psikolojisi Ders Notları, Uluslararası Vizyon Üniversitesi, Şubat, 2023. • Matsani, R. Ş. Sosyal Psikoloji Ders Notları, Uluslararası Vizyon Üniversitesi, Şubat, 2023. • Matsani, R. Ş. Psikoloji Öğretim Metodolojisi Ders Notları, Uluslararası Vizyon Üniversitesi, Şubat, 2022. • Matsani, R. Ş. Algı psikolojisi Alıştırma Ders Notları, Uluslararası Vizyon Üniversitesi, Ekim, 2021 • Matsani, R. Ş. Yaratıcılık ve Yetenek Alıştırma Ders Notları, Uluslararası Vizyon Üniversitesi, Ekim, 2020. • Matsani, R. Ş. Nicel Araştırma Yöntemleri Alıştırma Dersi Notları, Uluslararası Vizyon Üniversitesi, Şubat, 2020. • Matsani, R. Ş. Empirik Araştırma yöntemleri Alıştırma Dersi Notları, Uluslararası Vizyon Üniversitesi, Ekim, 2019.
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	<ul style="list-style-type: none"> Matsani, R. Ş. Duygu ve Motivasyon Alıştırma Dersi Notları, Uluslararası Vizyon Üniversitesi, Ekim, 2019.
<p>Publications in international scientific journals</p>	<ul style="list-style-type: none"> Matsani Rizvançe, Ş.; Pişkin, M. "Türkiye ve Kuzey Makedonya'daki Türk Asıllı Students' Özsaygı Düzeylerinin Sınıf Düzeyi Açısından İncelenmesi. 5. Ulusları Eğitim ve Sosyal Bilimler Kongresi – Tam Metin Bildiri Kitabı; 5. International Education and Social Science Congress – Proceeding Book. Ed. Mehmet Engin Deniz, Ümit Polat, Yavuz Erişen, Erdal Bay. June, 2019. p. 1737- 1748. Matsani Rizvançe, Ş. "Okullarda Akran Zorbaları " Hikmet Uluslararası Hakemli İlimi Araştırma Dergisi, Volume 33, May, 2020. page:54-76. https://adeksam.mk/wp-content/uploads/2020/10/hikmet33.pdf Matsani Rizvançe, Ş. "Lise Studenten Özsaygı Düzeylerinin Cinsiyet Değişkeni Açısından İncelenmesi, 5. Uluslararası EMI Girişimcilik ve Sosyal Bilimler Kongresi - Tam Metin Bildiri Kitabı; 5. International EMI Entrepreneurship Social Science Congress – Proceeding Book. Ed. Himmet Karadal, Mensur Nureddin, Ahmet Tuncay Erdem, Dababrata Chowdhury, Murteza Hasanoğlu – Gostivar, North Macedonia. June, 2020. p. 91-103.https://emissc.org/files/E-Book/5.%20EMI%20PROCEEDINGS%20BOOK.pdf? t=1601053177 Matsani Rizvançe, Şehida. Theoretical Framework Regarding The Causes of Peer Bullying. Vision International Refereed Scientific Journal, Volume 5, Issue 1, March, 2020, pp. 63-76. https://visionjournal.edu.mk/social/index.php/1/article/view/78/sehidav5i1 Matsani Rizvançe, Ş. "Psikoloji Kuramlarında Benlik ve Özsaygı Kavramlarının İncelenmesi " Hikmet Uluslararası Hakemli İlimi Araştırma Dergisi, Volume 34, November. 2020. p : 90-99. https://adeksam.mk/wp-content/uploads/2021/05/hikmet34v7.pdf Matsani Rizvançe, Şehida. From Peer Bullying to Cyber Bullying. Vision International Refereed Scientific Journal, Volume 6, Issue 1, March, 2021, p. 31-47. DOI: https://doi.org/10.55843/ivisum2116031m https://visionjournal.edu.mk/social/index.php/1/article/view/90 Matsani Rizvançe, Ş.; Nuredin, M. Ergenlerde Siber Zorbalık ve Siber Mağduriyet. 19th International Türk Dünyası Sosyal Bilimler Kongresi – Bildiri Kitabı; 19th International Turkish World Social Sciences Congress – Proceeding Book. Ed. Ali Kırksekiz, Ahmet Vecdi CAN, Hüseyin Çalışkan, Kamil Taşkın, Köksal Şahin, Muhammed Kürşad Uçar, Suat Kol. Türk Dünyası Research Foundation Vakfı. Istanbul, Turkey – Istanbul, Turkey. December, 2021. p : 318-328. https://drive.google.com/file/d/1HAVnfd-yTHOBV1IX1yCSfdajB7SFrPs/view

	<ul style="list-style-type: none"> • Matsani Rizvançe, Şehida. Investigation of Bullying in High School Students by Gender and School Type. Vision International Refereed Scientific Journal, Volume 7, Issue 1, March, 2022, p. 61-82. https://doi.org/10.55843/ivisum2271061r https://visionjournal.edu.mk/social/index.php/1/article/view/108 • Matsani Rizvanche, Ş. & Dursun,A. A Comparative Research On Parents' Thoughts Onreward And Punishmentin Early Childhoodeducation(The Case Of Türkiye And Northmacedonia). Vision International Refereed Scientific Journal, Volume 8, Issue 1, March, 2023, p. 41-58. https://doi.org/10.55843/ivisum2381041m https://visionjournal.edu.mk/social/index.php/1/article/view/125/123 • Masan Rizvançe, Ş. & Koca,M. Religious-Spiritual Conflicts Of Children In Adolescence With Their Family. Vision International Refereed Scientific Journal, Volume 8, Issue 2, September, 2023, p. 39-50 https://doi.org/10.55843/ivisum2382039rm https://visionjournal.edu.mk/social/index.php/1/article/view/136/133 • Masan Rizvançe, Ş. & Bolcal D. Examination Of The Relationship Between Attachment Styles And Spouse Preferences. Vision International Refereed Scientific Journal, Volume 9, Issue 1, March, 2024, p. 75-101. https://doi.org/10.55843/ivisum2492075rm https://visionjournal.edu.mk/social/index.php/1/article/view/156 • Masan Rizvançe, Ş. & Çobanoğlu, G. Eating Disorders In Women And Psychological Factors. Vision International Refereed Scientific Journal, Special Edition, 2024, p. 61-79. https://doi.org/10.55843/ivisum241061ch https://visionjournal.edu.mk/social/index.php/1/article/view/147/144 • Matsani Rizvançe, Ş. & Kansu, İ. Examination of Socio-Cultural Adaptation and Self-Esteem Levels of Immigrants in Turkey in Terms of Different Variables. Academic Social Studies / Akademik Sosyal Araştırmalar Year: 8 - Number: 28 p. 51-66, Summer 2024 https://doi.org/10.31455/asya.1393145 • Matsani Rizvançe, Ş. "A General Evaluation of the Gender Phenomenon". International Eurasian Conference on Education and Social Sciences (IECESS2024) - Full Text Proceedings Book; July, 2024. p. 242-247. https://ecss.org/publicationsfordoi/pr0t11cdingzboo8kleCEES2024.pdf • Matsani Rizvançe, Ş. A Literature Review On The Concept Of Maternal Gatekeeping. 4th INTERNATIONAL CONGRESS ON SCIENCE, INNOVATION AND EDUCATION (ICSIE 2025)- Full Text Proceedings Book; November, 2025. • Matsani Rizvançe, Ş. & Üseini, Expanding Learning Horizons: Exploring Gardner's Multiple Intelligences And Their Contribution To Education. Vision International Refereed Scientific Journal, Volume 10, Issue 2, September, 2022, p. 29-40. https://doi.org/10.55843/ivisum2510229u
International Scientific Congresses / Conferences	<ul style="list-style-type: none"> • 5th International Congress on Education and Social Sciences (TURKCESS 2019), Yıldız Technical University - Istanbul Republic of Turkey, Topic: "Investigation of the self-esteem levels of Turkish students in Turkey and North Macedonia in relation to grade level ". (June, 2019) • 5th International Strategic Studies Congress. Vision International University, Gostivar, North Macedonia (ISCR'19), Topic: "Investigation of peer violence among

	<p>Turkish high school students in Gostivar in relation to gender, grade and type of school" (August, 2019).</p> <ul style="list-style-type: none"> • 13th International Congress on Balkan History. Vision International University, Gostivar, North Macedonia, Topic: "The influence of intercultural psychology in multicultural societies" (November, 2019). • ERPA International Congress on Education, (ERPA, 2020), Belgrade, Serbia. Topic: "Prevalence of peer violence in schools" (April, 2020). Online. • 5th EMI International Congress on Social Sciences, (EMİ, 2020), International University Vision, Gostivar, North Macedonia. Topic: "Investigation of the level of self-esteem of high school students in relation to gender" (June, 2020). Online. • , 6th International Congress on Education and Social Sciences (TURKCESS 2020), Yıldız Technical University – Istanbul, Türkiye Topic: "Cyber Violence". (October 30 - November 1, 2020). Online. • 18th International Congress of Social Sciences of the Turkish World, Theme: "From peer violence to cyber violence". Sakarya-Türkiye. December 12-14, 2020. Online. • 19th International Congress of Social Sciences of the Turkish World, Topic: "Cyberbullying and cyber-victimization among adolescents" Baku, Azerbaijan. September, 2021. Online. • 20th International Congress of Social Sciences of the Turkish World, Topic: "Examining the cyberbullying and cyber victimization levels of high school students in terms of different variables" Baku, Kyrgyzstan. October, 2022. Online. • 21th International Congress of Social Sciences of the Turkish World, Topic: "Examination of Socio-Cultural Adaptation and Self- esteem Levels in Terms of Different Variables of Immigrants in Turkey" Ankara, Türkiye. October 11-14, 2023. Online. • 22th International Congress of Social Sciences of the Turkish World, Topic: ""An Examination of the Relationship Between Marital Satisfaction and Self-Esteem in Married Individuals" Kyrenia - Turkish Republic of Northern Cyprus. October 30 - November 1, 2024,Online. • 17th International Conference of Strategic Research on Scientific Studies and Education (ICoSReSSE). A Review Study on the Emotion of Fear in the Context of Emotions. 24- 26 April,Niş, Serbia. • 23th International Congress of Social Sciences of the Turkish World, Topic: "An Examination of Gender Perception and Cognitive Distortions in Terms of Certain Demographic Variables (The Case of North Macedonia)" Sarajevo, Bosnia and Herzegovina October15-17, 2025,Online. • 6th International Congress On Child Development. "Examining the Relationship Between Parental Awareness Levels and Parental Stress". Konya,Türkiye October16-18, 2025.
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	<ul style="list-style-type: none"> • International Conference AI, Human Rights, Migration, Diplomacy and Public Impacti A Compilation on Violence Against Women. International Vision University, 24- 25 October, Gostivar North Macdonia. • 4th INTERNATIONAL CONGRESS ON SCIENCE, INNOVATION AND EDUCATION (ICSIE 2025)- A Literature Review On The Concept Of Maternal Gatekeeping. 6-7 November, 2025.
Panel Discussions	<ul style="list-style-type: none"> • Participant and panelist of the panel entitled "Women in the past and today" on the occasion of March 8 - International Women's Day" with the topic: From History to Today, women and women's psychology. Vision International University, March 9, 2020,Gostivar, North Macedonia. • Participant and panelist of the panel entitled ""Conversations on Psychology"" on the occasion of May 12 - International Women's Day" with the topic: "The Role of Emotions in Human Life". Vision International University, May 12, 2025,Gostivar, North Macedonia. • Participant and panelist of the panel entitled "" World Mental Health Day"" with the topic: "The Effects of Childhood Emotional Neglect". Vision International University, October 13 2025,Gostivar, North Macedonia. •
Memberships and Reviews	<p>Editorial Board</p> <ul style="list-style-type: none"> ▪ International Scientific Journal Vision (ISSN: 2545-4323) ▪ ECER (Early Childhood Education Research)- journal board member <p>Psychology Field Editor</p> <ul style="list-style-type: none"> • SAÜTAD (Turkish Academy Journal) – (Sakarya Üniversitesi Türk Akademi Dergisi) <p>Reviewer</p> <ul style="list-style-type: none"> • Cumhuriyet International Education Journal – (Cumhuriyet Uluslararası Eğitim Dergisi) <p>Science board</p> <ul style="list-style-type: none"> • 17th International Conference of Strategic Research on Scientific Studies and Education (ICoSReSSE)